

sending both versions

---



Issue #42

June 2014

See All May Sponsors below:  
Will Your IRA Last? Good Question!  
Let Ron at [Atlantic Advisors](#) help you!

[Koopers at Four Corners!](#) A Classic American Establishment to Open in Early June! Come Join Us!

Sports Performance Academy with MAC personal trainer, [Scott Thompson](#). Train for your sport over the summer!

[Buddy's Pools](#) - 35 years experience at your service for all your pool needs, service and accessories!

## In This Issue

Baltimore County Lightning Policy

Field Hockey Program is looking for a New Chair. Fall 2014 Registration On Line in Progress.

Summer Camps - New Summer Arts Camp! Baseball, Soccer, and Softball

2014 Fall Soccer Registration in Progress, and Travel Tryouts - Save the Dates!

Soccer - RISING U11A (Current U10A)...Boys Team Hires Professional Coach - Need Players!

CMRC Dance - Summer Camp registration Extended until June 10th!

CMRC Fitness - New session starts June 25 and August 10

Masters Volleyball Academy  
CMRC Tennis

CMRC Karate - New Try it for FREE Program!

LGVFC Flea Market - Vendors Needed!

Dog Obedience - New Session

## Mandatory Baltimore County Lightning Policy.

There has been some question as to the Baltimore County Lightning Policy. Please see the policy below. This policy will be followed, no exceptions, pertaining to any outdoor CMRC program or camp.

Upon the first sound of thunder or sighting of lightning, Department staff will direct all in attendance to immediately go to their cars or enter a building, if possible. No one will be allowed to return to the field until 30 minutes after the last sound of thunder and/or sighting of lightning. Staff will have complete authority on any decisions made at our facilities. In the absence of Department staff, volunteer coaches and officials must follow the same procedure.

## Field Hockey Program looking for New Chair Person. Online registration in progress.

This will be the last year of many that Sydney James will be the program chair for CMRC Field Hockey. In order for the program to continue, Sydney is looking for someone to step up and run the program with her for the 2014 Fall season as a transitional year and then take the program forward in 2015. If you are interested please contact Sydney James at [syddesigns@verizon.net](mailto:syddesigns@verizon.net). Registration on line for 2014 Fall Field Hockey is now in progress. [Check the website field hockey page for details at www.carrollmanor.org](#)

## Summer Camps - New Arts Camp!

in September!

Hydes Fields Concessions -  
volunteers needed!

SAP Building Closed Notice

Million Lacrosse Day Camp -  
\$30 discount for CMRC  
Families!

Cockeysville Rec Football

CMRC Council Meetings

Sweet Air Park Pavilion Rental

On Line Registration Policy  
Reminder

Become a CMRC Newsletter  
Sponsor



**Atlantic Advisors, Inc**  
**Registered Investment Advisor**  
**3 Harnel Ct, Baldwin, MD 21013**

**Ron Anthony, President**  
410-592-8580  
[Ron@AtlanticAdvisors.net](mailto:Ron@AtlanticAdvisors.net)  
[www.AtlanticAdvisors.net](http://www.AtlanticAdvisors.net)

### Will My IRA Last?

While no one has a crystal ball, I can calculate how long your IRA will last under stipulated conditions.

If you would like an estimate of the IRS Required Minimum distributions for your IRA, just call 410-592-8580.

This is Ron Anthony at Atlantic Advisors, Inc., A Registered Investment Advisory firm. I have held 5 NASD licenses and am registered with the Maryland Attorney General's Office and online with the IARD. Over 30 years of experience and 19 as a Registered Investment Advisor.

**Please Note: If the payment is made to CMRC, it is an officially sponsored CMRC camp. If the payment is made to anyone other than CMRC, it is not an officially sponsored CMRC camp.**

New Arts Camp, Al Bumbry Baseball camp, 2014 Goals Soccer Camp, Summer Softball Camp - . Print the forms to mail and for more information. [Al Bumbry Camp](#) or [Goals Soccer Camp](#). If you have any questions, you can also contact [Jerry Tana](#). See our website for the summer camp registration form and for more information, [www.carrollmanor.org](http://www.carrollmanor.org).

## 2014 Soccer On Line Registration in Progress. Fall Soccer Travel Tryout Dates are now posted on line.

For all registration detail [see the soccer page](#). The tryout dates for 2014 CMRC Fall Travel Soccer are posted on the website. Please check for the exact times for your children's age groups. The dates are set for June 3rd, 5th and 10th at Sweet Air Park. Please be sure to register your kids **BEFORE** tryouts or they **CANNOT** tryout. The tryout grids and registration can be accessed at [www.leaguelineup.com/cmrcsoccer](http://www.leaguelineup.com/cmrcsoccer). **Again, All players need to be registered and paid on line to try out.**

If you have any travel soccer questions, please feel free to email me at [mepstein@nimanepstein.com](mailto:mepstein@nimanepstein.com). Lastly, I am still seeking a Coach for U9 Girls.

## Soccer - Rising U11A (Current U10A) Boys Team Hires Pro Coach - Needs Players

The Carroll Manor 2014 Fall Soccer U11A team Boys team has hired Reza Kaliush to Coach and train the squad full time. Reza has over 25 years coaching experience and has played in the highest levels of the sport. If your son was born after 7/31/04 he is eligible to tryout. Please contact team manager, Mike Epstein [mepstein@nimanepstein.com](mailto:mepstein@nimanepstein.com) for any inquiries. Stay tuned for tryouts which will be held in early June.

## CMRC Dance - Summer Camp Registration has been extended to June 10! Register today!

The Dance Program has a new email address, please make a note of it, [CMRCdance1@gmail.com](mailto:CMRCdance1@gmail.com). Information and Registration for Summer Camps and Summer Programs now available on line. [www.carrollmanor.org](http://www.carrollmanor.org)

## CMRC Fitness

New session starts June 25 and August 10. Classes being offered include Zumba, Pilates, Strength Training, Aerobics, and Yoga classes. Work at your own level in a comfortable, welcoming atmosphere. All classes offered have certified instructors. Come join the fun! [See Fitness webpage at www.carrollmanor.org](#) for more information.

## Masters Volleyball Academy Clinic

\$85 for 6 week clinic. May 4 thru June 15th. Sundays only Girls and Boys Ages 11-15, Beginner, Intermediate and Advanced Levels. Mail in registration only. Call Phyllis May at 410-409-5211 or email at [pmay@towson.edu](mailto:pmay@towson.edu) or check website for details

My website is [Atlantic Advisors.net](http://AtlanticAdvisors.net). Based here in Baldwin.

Thank you,



[Visit This Sponsor](#)

## Sports Performance Academy with MAC personal trainer, Scott Thompson

Train for your sport over the summer. Your competitors will be! 6 weeks of Speed, Agility, Acceleration and Power for athletes, Boys and Girls ages 13 & up. Basketball, Baseball, Football, Lacrosse, Field Hockey, Track, and Soccer.

Location: St. Paul School  
 Dates: June 30 – August 6,  
 Time: Monday and Wednesday mornings – 8:15 – 9:30 AM



National Association of Sports Medicine - Performance Enhancement Specialist

- CPR/AED Certified

To Register contact Scott at [sthompson@macwellness.com](mailto:sthompson@macwellness.com)



[Contact this Sponsor](#)

and registration form. [www.carrollmanor.org](http://www.carrollmanor.org)

## CMRC Tennis

If you are interested in playing, please contact [Irene Dietrich](#) or [Sue Quinn](#) at for more information and a registration form find out more go to [www.carrollmanor.org](http://www.carrollmanor.org)

## CMRC Karate - Try it for free!

New Session starting in early May. See [www.carrollmanor.org](http://www.carrollmanor.org) program page for more information.

## LGVFC Flea Market - Vendors Needed!

Flea Market - Vendors Needed! To Benefit the Long Green Volunteer Fire Company and The Carroll Manor Rec Council. To be held at Hydes Park Athletic Fields (corner of Hydes Road and Long Green Pike)  
 Saturday, July 26, 2014, 8am - 1 pm \*Rain or Shine  
 Public restrooms, concession stand open, pit beef, plenty of parking, wheelchair accessible, lots of room.  
**RESERVE YOUR SPACE NOW!**  
 \$25 per space. Questions? Please call Laurie 410-663-1555 leave message or email [LAURIE.MAAS@COMCAST.NET](mailto:LAURIE.MAAS@COMCAST.NET)

## Dog Obedience Classes

Fall Session Starts Tuesday, September 2 and Thursday, September 4. 7 pm to 9 pm for a 10 week session at SAP. Basic and Advance Classes are offered. Get the advantage of learning from a trainer with years of experience. Print out registration flyer at [www.carrollmanor.org](http://www.carrollmanor.org)

## Hydes Fields Concession Stand - volunteers needed contact Bill Saur at [tagbear@aol.com](mailto:tagbear@aol.com) or call 410-382-8306

Hydes Fields Concession Stand will be open this year and manned by volunteer help with proceeds benefiting the Long Green Volunteer Fire Company. Intended hours of operation Monday - Thursday "about" 5:00 and Saturday at 8:00 am until the last game ends. Some menu items include Bacon, egg and cheese sandwiches (Saturday morning only) Tacos in a bag (Saturday only) Hot Dogs, Nachos, Gatorade, Sodas, Water, Coffee, Assorted Gum, Candy and Chips and Snowballs. LGVFC thanks says for this much needed fund raising opportunity!

## SAP Building Closed for Election

Sweet Air Park Building will be closed to all programs on 6/23 after 6pm and all day and evening on 6/24 for the primary election. The fields, pavilion and parking will be open. Be aware parking might be an issue during polling hours.

## Millon Lacrosse Day Camp and AllPro Lax Camps

Millon Camps for Boys and Girls, ages 9 -17. July 6-10 at St. Paul School. #1 teaching lacrosse camp in the country. CMRC families are being offered a \$30 discount. For more information to print registration forms, camp brochure and medical form go to <http://millionlacrosse.com/lacrosse-camp/baltimore-maryland/>

**KOOPER'S**  
a classic American Establishment

Opening Early June!  
**Kooper's Jacksonville**  
at Four Corners



~ Locally-sourced menu ~  
~ Extensive beer and wine list ~  
~ Gourmet burgers ~  
~ Fresh seafood and steaks ~

Available for private functions  
and catering



3493 Sweet Air Road  
Jacksonville, Md. 21131  
[www.koopersjacksonville.com](http://www.koopersjacksonville.com)

### Contact This Sponsor



Buddy's has been keeping Baltimore-area families "in the swim" for more than 35 years. Buddy's has everything you need to keep your pool ready for months of summer fun. With our complete line of chemicals, equipment and accessories, we'll help you choose everything you need to maintain and enjoy your pool or spa. We offer on-site repairs, troubleshooting and in-store water testing. Buddy's is an authorized retailer and warranty service center for Caldera Spas, Pentair Pool Products, Polaris Pool Systems, Jandy Products, as well as being an authorized BioGuard Pool and Spa Care Center.

Here is a list of services that Buddy's can

Tom Marechek's AllPro Lax Camps - Girls, June 23 - 26, St. Tim's School. Boys, July 7 - 10, Goucher College. Go to [www.allprolaxcamps.com](http://www.allprolaxcamps.com) for more information.

These camps are not affiliated with CMRC, but this listing has been approved by our lax chair, so please direct all questions and registration to their website/organization.

### **Cockeysville Rec Football**

Registration is now open for 2014 Cockeysville Rec Football. Ages 5-13. (CMRC does not have a football program.) For questions or to register on-line, go to [www.cockeysvillefootball.com](http://www.cockeysvillefootball.com)

### **CMRC Council Meetings**

Council meetings are held the second Thursday of every month at 8:15 PM at Sweet Air Park. If you would like to attend or find out how you can help.

### **Sweet Air Park Pavilion Rental**

Looking for a covered, outdoor space, with access to a playground to have a party or gathering. Why not book a pavilion at Sweet Air Park. All reservations must be done through the CMRC office at Sweet Air Park. Sweet Air Park is located on Sweet Air Road just east of the Sweet Air Shopping Center. Please call 410-887-8207 for more information.

### **On Line Registration Policy**

Just a reminder about CMRC's on line registration policy. You MUST complete registration and payment on line to be rostered, placed on a team and be allowed to practice or play in the program. This is due to insurance issues, all players MUST be on the registration list, having agreed to and clicked the waiver on line .. NO exceptions. If you are not registered you cannot practice or play under any CMRC organized team scheduled practice or game. After completing payment you MUST click on "Return to CMRC.." to get your final registration and payment confirmation from CMRC and to complete your registration record. All refund policies are determined by the program chair per program. Any refund issues should be directed to the program chair. If you have any questions about registration on line, please contact the program chair or [Lisa Hosier](#)

### **Become a CMRC Sponsor**

What to spread the word about your event or business. The CMRC would like to feature a sponsor each month for our email newsletter. Reach every family in the CMRC community. To become a sponsor for future issues, please email us today for more details.

[Please email us today to get started!](#)

perform right in your backyard.

- New Pool Construction
- Swimming Pool Renovations
- Vinyl Liner Replacement
- Hot Tub Sales and Service
- Pool and Spa Equipment Repair and Replacement
- Pool Seasonal Openings and Closings
- PoolMaid weekly maintenance service

Creating at home vacations everyday!

Buddy's Pool and Spa  
10715 York Road  
Cockeysville, MD 21030  
410-666-1800  
[www.buddypool.com](http://www.buddypool.com)

[Visit Our Sponsor](#)

*Carroll Manor Recreation Office at Sweet Air Park (410) 887-8207*

---

## Quick Links

[Our Website](#)

---

[Join Our Mailing List!](#)

[Forward email](#)



This email was sent to [psfranzoni@comcast.net](mailto:psfranzoni@comcast.net) by [lhosier@carrollmanor.org](mailto:lhosier@carrollmanor.org)

| [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



Carroll Manor Recreation Council | Sweet Air Park | Phoenix | MD | 21131

### **THIS IS A TEST EMAIL ONLY.**

This email was sent by the author for the sole purpose of testing a draft message. If you believe you have received the message in error, please contact the author by replying to this message. Constant Contact

takes reports of abuse very seriously. If you wish to report abuse, please forward this message to [abuse@constantcontact.com](mailto:abuse@constantcontact.com).