

Carroll Manor Recreation Council Newsletter

Issue #38

February 2014

Our February Sponsors: Need Investment and Retirement Advice? Call Ron Anthony, Atlantic Advisors, Inc. (formerly for many years CMRC Karate Chair!)

Cornerstone Cleaning - An Affordable, Quality Cleaning Service You Can Trust.

Get your tickets NOW for the Baseball Bull Roast! - Only a couple weeks left to buy tickets (see Jon Simon or Dan Farlow). LOOK for tickets at most CMRC basketball venues on Saturdays for Bull Roast to Benefit CMRC Baseball - February 22nd!

CMRC will be launching a new website in February still www.carrollmanor.org

Todd Whittle and Whetstone Web Design presents new CMRC website!

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CMRC Dance has a new email!

To Contact the Dance program please use their new email address : CMRCdance1@gmail.com

Coming Soon - CMRC New Website!

We are pleased to announce CMRC's new website! Still the same address, www.carrollmanor.org but a new look is coming very soon thanks to Todd Whittle and Whetstone Web Design. If you have any problems, questions or comment please contact Todd. The on line registration system and process has not changed just the look of the website. Program chairs can now update their pages to give you the most up to date information on your sport or program. We hope you like it!

CMRC 2014 Spring Boys and Girls Lax

Check website for updates. Registration is only open now for Tyker and Clinics waitlist for both Boys and Girls Lax. Contact the program chairs if you have have questions. Register today!! www.carrollmanor.org

CMRC Baseball and Softball Registration is in progress! Support CMRC Baseball! Buy you Baseball Bull Roast Tickets Now!

Registration for 2014 Girls Softball is open for ages 5-13. The older age group has been closed due to lack of registrations. Please contact Brian Kensing with any program questions. Click here for more information and to register for softball.

For Baseball, see baseball page or click here to register. **Only a couple weeks left to buy tickets (through either Jon Simon or Dan Farlow). Bring you check books to Sweet Air Park on Saturdays during basketball..They will be**

Sponsor

Atlantic Advisors, Inc
Registered Investment Advisor
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Ron Anthony, President
410-592-8580

Ron@AtlanticAdvisors.net
www.AtlanticAdvisors.net

You can save money if you have a child or children taking karate instruction! The karate program here at CMRC is in its 10th year and a real bargain. \$75 per 2 month session per student. After two students from the same family others are free of session fees!! Check out our Fitness classes as well!!!

This is Ron Anthony. For over 33 years I have been working with retirement accounts and for the past 18 as a Registered Investment Advisor. Fee only and do everything I can to eliminate conflicts of interest that can delay your retirement. My firm can be checked out on line. The website is: AtlanticAdvisors.net
Based here in Baldwin, ready to be of service.

Thank you,

[Visit Our Sponsor](#)

Come Home to a Clean

selling tickets at most CMRC basketball venues on Saturdays for Bull Roast to benefit CMRC baseball on February 22nd. [See flyer for exciting details.](#) See website www.carrollmanor.org

CMRC Fitness

Winter session started January 5th. Classes being offered include Zumba, Pilates, Strength Training, Aerobics, and Yoga classes. Work at your own level in a comfortable, welcoming atmosphere. All classes offered have certified instructors. Come join the fun! [See Fitness webpage](#) for more information.

CMRC Karate - New try it for free!

New Session Starts Jan 6. [See session flyer for details.](#) [See Try It for Free flyer!](#) See www.carrollmanor.org program page for more information.

CMRC Soccer - Boys U13-14 Carroll Manor BSC played in the Blast Holiday Tournament!

Congratulations to our U13 -14 BSC Rapids Boys Soccer Team - Our CMRC travel team coached by Jerry Tana for reached the championship game at the Blast's Holiday indoor tournament. They lost in overtime to White Marsh/PerryHall 2-1.Great accomplishment getting that far!! Congrats to all!

Masters Volleyball Academy

Session started January 12 and runs through March 16th. Sundays 12:30 -1:30, Girls and Boys Ages 11-14 . [See flyer](#) or www.carrollmanor.org for more information.

St. Patrick's Day Dinner at Long Green Volunteer Fire Company

Long Green Volunteer Fire Company (4506 Long Green Road, at the corner of Long Green & Manor Rds.) will be hosting its annual St. Patrick's Day Dinner on Monday, March 17, from 5:00pm to 8:00pm.

The Menu includes: Corned Beef, Cabbage, Buttered Parsley Potato's, Green Beans, Vegetable Beef Soup, Rolls, Ice Tea, Coffee & Dessert. Beer, Wine & Soda will be available for sale. Admission is \$14.00 for Adults (12 and older); \$7.00 for Children (under 12) Children under five are Free. Plan to come early on the 17th or call 410-592-6131 by March 10th. and reserve your seating. To reserve seating, leave a message with name, phone number & how many tickets you need. Tickets sell out quick so act fast. Visit our website at www.lqvfc.com or "Like Us" on Facebook.

CMRC Tennis

To find out more go to www.carrollmanor.org contact Irene Dietrich at alanirene@aol.com

CMRC Rollerskating

Rollerskating at Carroll Manor Elementary has started. For Pre-School through 5th graders only. There will be 2 one hour sessions - 6:45 - 7:45 and 8 - 9. ALL participants MUST register BEFORE skating the first time. You can bring your own skates or use ours but NO rollerblades, Heelies, or Sneakerskates will be permitted. Go to www.carrollmanor.org for registration and rules.

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On Line Registration Policy

Just a reminder about CMRC's on line registration policy. You MUST complete registration and payment on line to be rostered, placed on a team and be allowed to practice or play in the program. This is due to insurance issues, all players MUST be on the registration list, having agreed to and clicked the waiver on line .. NO exceptions. If you are not registered you cannot practice or play under any CMRC organized team scheduled practice or game. After completing payment you MUST click on "Return to CMRC.. to get your final registration and payment confirmation from CMRC and to

CMRC has partnered with Lifebridge Health and the Parisi Speed and Conditioning School to offer all Carroll Manor Program players this exclusive training offer.

CMRC has partnered with Lifebridge Health and the Parisi Speed and Conditioning School to offer all Carroll Manor Program players this exclusive training offer. Parisi delivers a positive training experience that improves speed of movement and strength in character regardless of ability or economic status. If you are looking to get faster, stronger, and build more self-confidence, then the Parisi Speed School is the nation's number one choice to get you there. Every high level athlete needs increased agility and most of all POWER when making those movements. Parisi Speed School is a sports performance program that has proven to increase an athlete's athletic through speed and agility training. Parisi has trained everyone from 7 yd old youth soccer or lacrosse players to professional soccer, or nfl players. These training sessions will be designed to increase every athlete's ability to compete at a high level and beat the competition not just with their superior skills but with their superior speed and explosiveness.

When: 10 weeks starting 1/6

Ages: 9-12 Monday's 8:00 pm- 9:00 pm

Ages: 13-18 Wednesday's 8:00 pm- 9:00 pm

Where: Parisi Speed School 12201 Long Green Pike, Glen Arm, MD 21257 Registration: Price: \$99 for 10 weeks! (only \$9.99 a session!) https://parisileadtracker.com/schedule/Parisi_LBHF. Go to the link and click "camps", then the session of choice. Please feel free to contact [Robert Bowman](#) if you have any questions.

Dog Obedience Classes

Does your dog needs some manners! Get the advantage of learning from a trainer with years of experience. Print out registration flyer at www.carrollmanor.org

CMRC Council Meetings

Council meetings are held the second Thursday of every month at 8:15 PM at Sweet Air Park. if you would like to attend or find out how you can help.

Sweet Air Park Pavilion Rental

Looking for a covered, outdoor space, with access to a playground to have a party or gathering. Why not book a pavilion at Sweet Air Park. All reservations must be done through the CMRC office at Sweet Air Park. Sweet Air Park is located on Sweet Air Road just east of the Sweet Air Shopping Center. Please call 410-887-8207 for more information.

Become a CMRC Sponsor

What to spread the word about your event or business. The CMRC would like to feature a sponsor each month for our email newsletter. Reach every family in the CMRC community. To become a sponsor for future issues, please email us today for more details.

[Please email us today to get started!](#)

complete your registration record.
If you have any questions about registration on line, please contact the program chair or [Lisa Hosier](#)

Carroll Manor Recreation Office at Sweet Air Park (410) 887-8207

Quick Links
[Our Website](#)

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[Forward email](#)



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